

Naturopathic Family Practice of Niagara
CHILD INTAKE FORM

GENERAL INFORMATION

Child's First name: _____ Last name: _____

Today's Date (D/M/Y): ___/___/___

Child's Age: _____ Child's Date of Birth (D/M/Y): ___/___/___ Sex: M / F

Who is filling out this form (name and relation)? _____

Contact Email: _____

Contacts (in order of preference):

1. Name: _____ . Relationship to child: _____

Address: _____

Phone: (H) _____ (W) _____ (Cell) _____

2. Name: _____ . Relationship to child: _____

Address: _____

Phone: (H) _____ (W) _____ (Cell) _____

May we leave messages relating to your visits? Y / N

Which Phone Number? _____

With whom does the child live? _____

How did you hear about the **Naturopathic Family Practice of Niagara**? _____

If referred, by whom? _____

Other Healthcare providers that you are seeing:

Name: 1. _____ 2. _____ 3. _____

Title: _____

Phone: _____

CURRENT HEALTH CONCERNS

In order of importance, please list your child's primary health concerns:

1.
2.
3.
4.
5.

How would you describe your child's current state of health? Excellent / Good / Fair / Poor

What expectations do you have for your child in working with the Naturopathic Family Practice?

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MEDICAL HISTORY

Please indicate any past medical illnesses, diagnosis, hospitalizations, injuries and/or trauma, along with the approximate dates:

Please place a check mark if your child has had any of the following:

- | | | |
|---|---|---|
| <input type="checkbox"/> rubella (german measles) | <input type="checkbox"/> roseola | <input type="checkbox"/> impetigo |
| <input type="checkbox"/> measles | <input type="checkbox"/> scarlet fever | <input type="checkbox"/> mononucleosis (mono) |
| <input type="checkbox"/> chicken pox | <input type="checkbox"/> whooping cough | <input type="checkbox"/> ear infections |
| <input type="checkbox"/> mumps | <input type="checkbox"/> strep throat | |

Does your child have any allergies? Examples: medicine, food, environmental or other.

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Current Medications: (please include all prescriptions, over-the-counter medicines, vitamins/minerals, herbal preparations, homeopathic remedies, etc.)

Past Medications:

How many times has your child been treated with antibiotics? _____

Please indicate what immunizations your child has had:

- | | |
|---|--|
| <input type="checkbox"/> DPT (Diphtheria, Pertussis, Tetanus) | <input type="checkbox"/> MMR (Measles, Mumps, Rubella) |
| <input type="checkbox"/> Gardasil/Cervarix (HPV Vaccine) | <input type="checkbox"/> Haemophilus influenza B |
| <input type="checkbox"/> BCG (Tuberculosis) | <input type="checkbox"/> Varivax/Varilrix (Chicken Pox) |
| <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Polio |
| <input type="checkbox"/> Flu Vaccine | <input type="checkbox"/> Pneumococcal Conjugate (Meningitis/Pneumonia) |
| <input type="checkbox"/> Meningococcal C Conjugate (Meningitis) | <input type="checkbox"/> Other: _____ |

Please indicate if any caused adverse reactions: _____

What screening tests has your child had (blood, hearing, vision, etc.)?

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PRENATAL HEALTH

What was the health of the parents at conception?

Mother: Poor / Fair / Good / Excellent / Unknown

Father: Poor / Fair / Good / Excellent / Unknown

What was the health of the mother during the pregnancy? Poor / Fair / Good / Excellent / Unknown

What was the mother's age at child's birth? _____

How was the mother's diet during pregnancy? Poor / Fair / Good / Excellent / Unknown

Did the mother receive prenatal medical care? Y / N / Unknown

Did the mother experience any of the following during the pregnancy:

- Bleeding
- High blood pressure
- Nausea
- Vomiting
- Diabetes
- Thyroid problems
- Physical or emotional trauma
- Other: _____

Did the mother use any of the following during the pregnancy?

- Tobacco
- Alcohol
- Recreational drugs: _____
- Prescription medications: _____
- Over-the-counter medications: _____
- Supplements (vitamins/minerals, herbal preparations, homeopathic remedies, etc.): _____

Other: _____

BIRTH HISTORY

Term length: Full Premature: _____ wks Late: _____ wks

Length of labour: _____ Weight at birth _____

Any complications? _____

Was the birth: Vaginal C-section Induced Forceps Anesthesia used

Did the child experience any of the following at or shortly after birth?

- Jaundice
- Rashes
- Seizures
- Birth injuries _____
- Birth defects _____
- Other _____

DIET

How was your infant fed?

Breast fed. How long? _____

Formula: Milk / Soy / Other: _____

Other: _____

What foods were introduced before 6 months? (Please list approximate month as well.)

6–12 months?

Did your child ever experience colic? Y / N How severe? / mild / moderate / severe

Does your child have any food allergies or intolerances? Please list.

Does your child have any dietary restrictions (religious, vegetarian/vegan, etc.)?

Describe a typical day's diet:

Breakfast: _____

Lunch: _____

Dinner: _____

Snacks (and how often): _____

Beverages (and how often): _____

HEALTH AND DEVELOPMENT

How was your child's health in the first year? Poor / Fair / Good / Excellent / Unknown

At what age did your child first:

Sit up _____ Crawl _____ Walk _____ Talk _____

Describe your child's sleep pattern: _____

How would you describe your child's temperament? _____

How would you describe your child's behaviour and performance at school?

FAMILY HISTORY

Indicate if a close relative (parent, sibling) has had any of the following

Which family member?

Allergies _____

Heart Disease _____

Cancer _____

Depression _____

Drug Abuse/Alcoholism _____

Other _____

Which family member?

Asthma _____

High Blood Pressure _____

Diabetes _____

Other Mental Illness _____

Kidney Disease _____

I don't know my family medical history

Do either of the parents have a chronic illness? Y / N Please describe:

ENVIRONMENT

Is the child in: school daycare home care other _____

What are your child's favourite activities? _____

Does the child exercise regularly? Y / N How often? _____

How much television does your child watch? _____ per day, or _____ per week

Does anyone in the child's household smoke? Y / N

Are there animals in the home? Y / N

Do you know of any toxins or other hazards the child is regularly exposed to (home, other's work, hobbies, etc.)? Please describe.

How would you describe the emotional climate of the child's home?

Is there anything that you feel is important that has not been covered?

REVIEW OF SYSTEMS:

Current Weight: _____ Current Height: _____

Please circle the condition if you have it now or have had it in the past:

- Skin** – rashes, eczema, psoriasis, acne, itching, lumps, colour change, dry, moist, easy bruising
- Nails** – colour changes, fungal infections, brittle/shear, vertical/horizontal lines, hangnails
- Head** – migraines, headaches, dizziness
- Eyes** – pain, tearing, dryness, blurring, redness, discharge, itching, cataracts, glaucoma
- Ears** – impaired hearing, earache, dizziness, discharge, infections, ringing
- Nose & Sinus** – frequent colds, nose bleeds, stuffiness, hay fever, sinus problems
- Mouth & Throat** – frequent sore throat, gum problems, hoarseness, dental cavities, loss of taste
- Neck** – lumps, swollen glands, pain or stiffness, enlarged thyroid
- Lungs** – cough, phlegm, spitting up blood, wheezing, shortness of breath, pain on breathing
- Cardiovascular** – heart disease, murmurs, palpitations, chest pain
- Peripheral Vascular** – deep leg pain, cold extremities, varicose veins,
- Upper Gastrointestinal** – indigestion, nausea, vomiting, belching, passing gas, stomach pain
- Lower Gastrointestinal** – constipation, diarrhea, blood in stool, mucous in stool
- Urinary** – frequent, inability to hold urine, infections
- Musculoskeletal** – joint pain/stiffness, muscle pain/stiffness, broken bones
- Neurologic** – fainting, seizures, paralysis, numbness/tingling
- Neurologic** – loss of balance, involuntary movement, speech problems, memory loss
- Endocrine** – fatigue, heat/cold intolerance, thyroid problems, excess thirst/hunger/sweating
- Sleep** – difficulty falling asleep, frequent waking, nightmares

PAYMENT AGREEMENT & CANCELLATION POLICY

Please read the following agreement. It explains your financial obligations while under our care and our policies regarding cancellations.

Payment Agreement:

- Payment is always due at the time of service.
- Your naturopathic visits are not covered by OHIP.
- We do not bill insurance companies directly. However, we will gladly provide you with a receipt of all necessary information for you to submit to your insurance company to request reimbursement.
- We accept the following forms of payment: cash, cheque, debit card, visa and mastercard.
- NSF cheques will receive an additional \$25.00 fee.
- Naturopathic visits are exempt from HST.
- Laboratory testing and supplements are not included in the fees below. Prices vary and are subjected to HST.

Fee schedule: prices effective January 1, 2019

Visit Type	Approximate Visit Length	Fee
<u>ADULT:</u>		
1 st Visit	45-55 minutes	\$170
2 nd Visit	45-55 minutes	\$150
<u>CHILDREN/PEDIATRIC</u> <u>(0-13 years of age)</u>		
1 st Visit	45-55 minutes	\$150
2 nd Visit	45-55 minutes	\$150
<u>SUBSEQUENT</u>		
Regular follow-up	20-25 minutes	\$75
Long follow-up	45-55 minutes	\$150
<u>MEDICAL RECORDS</u>		
First 1-5 pages		\$30.00
After first 1-5 pages		\$0.50 per page

Phone Consultations:

- We bill for phone consultations. They require the same time and expertise as office visits.
- Billing for phone consultations is, however, at the doctor's discretion. Your doctor may choose not to bill you if the nature of the phone consultation is uncomplicated, such as requiring clarification on your treatment plan and/or prescription. For phone consultations requiring extra time and evaluation, you will receive a bill for the time required.

Extended appointments when required:

- We believe in taking the time to cover all of your concerns without rushing you. The doctor will do her best to keep to the original appointment time, however, issues or concerns may occasionally arise that require additional time. We bill for the time spent with the doctor if the appointment extends beyond the time allotted.

Naturopathic Family Practice of Niagara
6387 Morrison St., Niagara Falls, ON, L2E 7H1
(P) 905-641-5665

INFORMED CONSENT

Naturopathic medicine is the treatment and prevention of diseases. Naturopathic Doctors assess the whole person, taking into consideration physical, mental, emotional and spiritual aspects of the individual. Gentle, non-invasive techniques are generally used in order to stimulate the body's inherent healing capacity. Your Naturopathic Doctor will take a thorough case history and perform a medical physical examination. If your case requires, the physical may include more specific examinations such as gynecological, rectal, prostate or genital exams. If your case requires laboratory blood tests, your Naturopathic Doctor may refer you to a Medical Doctor or an appropriate lab where additional fees may or may not apply.

It is very important that you inform your Naturopathic Doctor immediately of any disease process from which you are suffering and any medications/over the counter drugs that you are currently taking. Please advise your Naturopathic Doctor immediately if you are pregnant, suspect you are pregnant or if you are breast-feeding.

As a patient you will receive information about your diagnosis and/or treatment, alternative courses of action, the material effects, costs, expected benefits, risks, side effects and in each case the consequences of not having the diagnosis and/or treatment acted upon. There are some slight health risks associated with treatment by naturopathic medicine. These include but are not limited to:

- Homeopathic remedies may occasionally result in the aggravation of pre-existing symptoms. When this occurs the duration is usually short.
- Some patients experience allergic reactions to certain supplements and herbs. Please advise your Naturopathic Doctor of any allergies you may have.
- Pain, bruising or injury from venipuncture or acupuncture or parenteral therapy.
- Fainting or puncturing of an organ with acupuncture needles or accidental burning of the skin from the use of moxa.
- Muscle strains and sprains or disc injuries from spinal manipulation.
- There is a very small potential for stroke in neck manipulation. Patients are thoroughly screened by the Naturopathic Doctor prior to manipulating the neck.

The Naturopathic Doctor is trained to handle emergencies should the need arise.

I understand:

- That the **Naturopathic Family Practice of Niagara** does not guarantee treatment results.
- That my Naturopathic Doctor will explain to me the exact nature of any treatment provided and will answer any questions I may have to the best of his/her ability.
- That I am responsibly to pay the fees for naturopathic services and any products from the dispensary at the time of the visitation.
- I have reviewed the Payment Agreement & Cancellation Policy. This has also outlined the fee schedule to me.
- That I am not obligated to purchase products from the **Naturopathic Family Practice of Niagara** dispensary and that I may choose to purchase items elsewhere.
- I am free to withdraw my consent and to discontinue treatment at any time.

Patient Name (please print) _____

Signature of Patient or Guardian: _____ Date: _____

Naturopathic Doctor: _____ Dr. Jennifer Cox, ND # 1812

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